**Seclusion and Restraint Debriefing Meeting Guidelines**

**Based on CPI COPING Model**

**Control:** (5 minutes) Is everyone back in emotional control? Allow time to vent.

**Orient:**  (5-10 minutes) Review the reports – What interventions/strategies were effective? What may be done differently in the future to reduce the likelihood of the need for seclusion and/or restraint?

**Patterns:** (5minutes) Data review (prior emergency use of seclusion and/or restraint)

**Investigate:** (5-10 minutes) What are alternatives to student behavior? Are there skills that need to be taught? What are alternatives to staff reactions? Was the IEP, BIP, EIP, etc. followed?

**NEGOTIATE:** What are we going to do next? (conduct FBA, create/revise BIP and/or EIP, create/revise IEP, conduct medical consultation, teach/practice replacement behavior)

**Give:**  (5 minutes) Give back control. Offer emotional support and encouragement. Express trust and respect.

